

RCFY Minutes
March 10, 2011
9:00 – 10:30 am
Lamprey Health Care RT 27

Present:

Law Enforcement

Sue Frotton- Raymond Police

School

David Salois – Raymond Chief

Mike Chouinard – Middle School

Parent

Jayne Rodrigues – High School

Tammy Reardon

Stephen Sloan

Mary Taber

Business Community

Pam Turcotte - Real Estate

Civic/Volunteer

Health Care

Carrie Chooljian

State/Local

Katy Shea –Community health Institute

Other Org. reducing use

Gretchen Bean – UNH Survey Center

Christina Desormier – Seacoast Mental Health

Sandi Rubchinuk – ASAP

Michelle Weaver – Raymond Rec

Youth Serving

Amanda Jennison – RCFY

Celeste Clark – RCFY

Faith Based

Media

Youth

Thank you to Hannaford for breakfast

Katy Shea of the Community Health Institute joined us (in Lisa Mure's place) to give a community overview and comparison data to the region and state the full presentation can be viewed here:

http://www.rcfy.org/agendas_23_2479402915.PPT

Once our 2011 YRBS data is collected we will be able to insert into this document to further track use, success and at that time trends.

Youth Action – Amanda Jennison , Program Coordinator – gave an update of all the great things that the youth are working on. At the high school they will be recognizing Kick Butts Day. Posters will be hung around the school and they will be giving a presentation of what is actually in a cigarette. The youth will also be contacting the FDA – Tobacco control – to encourage the removal of toxic components of cigarettes – a youth lead initiative.

RHS – Youth Action had a promotional table to encourage recruitment of new members and raise awareness to the work that is being done.

The middle school is incorporating Youth Action into their six week exploratory class offering and will be focused on Alcohol, tobacco and marijuana education. They will be using the Dover Youth 2 Youth model.

Media Youth Summer Group- Amanda has been in conversation with Marc from Raymond TV and they are developing a summer media camp for youth to join. The final product will be the

production of Public Service Announcements and a possible Talk Show to showcase the work that RCFY is doing and promote awareness and education around prevention.

Circle Talk – Two focus groups were held this past month to promote and mold the idea of a Circle Talk to Raymond. Circle Talks are held in a person's home (host/hostess) and friends or family members are invited. Two facilitators come and conversation is opened up around our youth, community, being parents and resources and supports around the issues of underage drinking and drug use.

Our first two focus groups were complete successes. We had 12 new people that had not been to any RCFY events who came because of a personal invitation. The meetings were advertised to the general public but only the personal invitations showed up – this is data that will hopefully contribute to the success of personal invitations to attend circle talks at people's homes.

Good questions will come up at these meetings as well it was noted. One of our guests had an impromptu Circle with friends and had two questions that they would like discussed.

1. Can the gym be opened for the kids to use on the weekends instead of dances. More kids would like to go and hang out and maybe shoot hoops than dance. In the past the police did offer open gym night to play basketball with the off duty officers. Funding cuts play a role in this.
2. At RHS, if two people share a locker and one brings in illegal items do they both get in trouble? How is this handled?

We are ready to move to the next phase. Advertisement pamphlets and invitations will be put together to help in promoting the evenings and we already have three people who have offered to host a circle in their home.

Jayne, the high school vice principal asked if a 'blurb' could be provided to help spread the word to high school parents who might be interested. Pamphlets will also be made available when they come in.

Good conversation was had and questions were generated to help in the process moving forward. We will keep you updated.

Safe Homes contracts were brought up- we did write into our DFC grant that we wanted to start a Safe Homes Program in conjunction with Circle Talk. We did mention it to the parents we had in our focus group and they did not like it. They did not want to be bound by a 'contract' and did not like it at all in that format.

Celeste did mention that she just heard a very successful Safe Home Compact is begun in the Sandown school district. This is run through the school, with help from their coalition, and the tech person does it all online through the school website. Celeste will look into more and bring back details. The idea that it is a 'Compact – we all work together because we care about our kids' apposed to a 'contract – where people feel legally bound' might be why it works.

Stephen mentioned that we will be moving forward with the Community That Cares Model (CTC). Our first community kick off meeting is being planned for May 17th. Invitations will be going out. This will be a great opportunity for those who want to be more involved with RCFY but can not make morning meetings. CTC meetings will be in the evening. More information in regard to this will be coming.

Drug Free Communities Grant for 2011 – our renewal application has been sent off for our continuation year of funding. Thank you to everyone who works with RCFY to help achieve our

goals and make a difference in Raymond. We will not hear back till 9/11 but are hopeful all will go through okay, year one and five are competitive and we are in year two.

Family Fun Night was held on 2/11 and was another great night. We had 31 organizations represented. This is 10 more than last year. Our attendance was about 300 people and all of the feedback was once again great. We discussed why the attendance could have been down and there were several reasons. We also discussed ways to involve more next year. We would also like to expand to high school youth and families. It was a great night in spite of all of this.

Olweus Bullying Prevention – Both LRES and IHGMS had their roll outs of this new program over the past month. These roll outs were to make sure the entire student body and staff are aware of the new bullying rules in the schools. RHS will be having their roll out in the next couple of weeks.

The four core rules of the bullying model are as follow:

1. We do not Bully
2. We will help students who are bullied
3. We will include students who are left out
4. We will tell an adult at school and an adult at home if we know that somebody is being bullied

The next goal will be to role out to the community and make sure all parents know that this great program is being utilized in Raymond. If a parent ever has a concern about bullying they should contact their child's school.

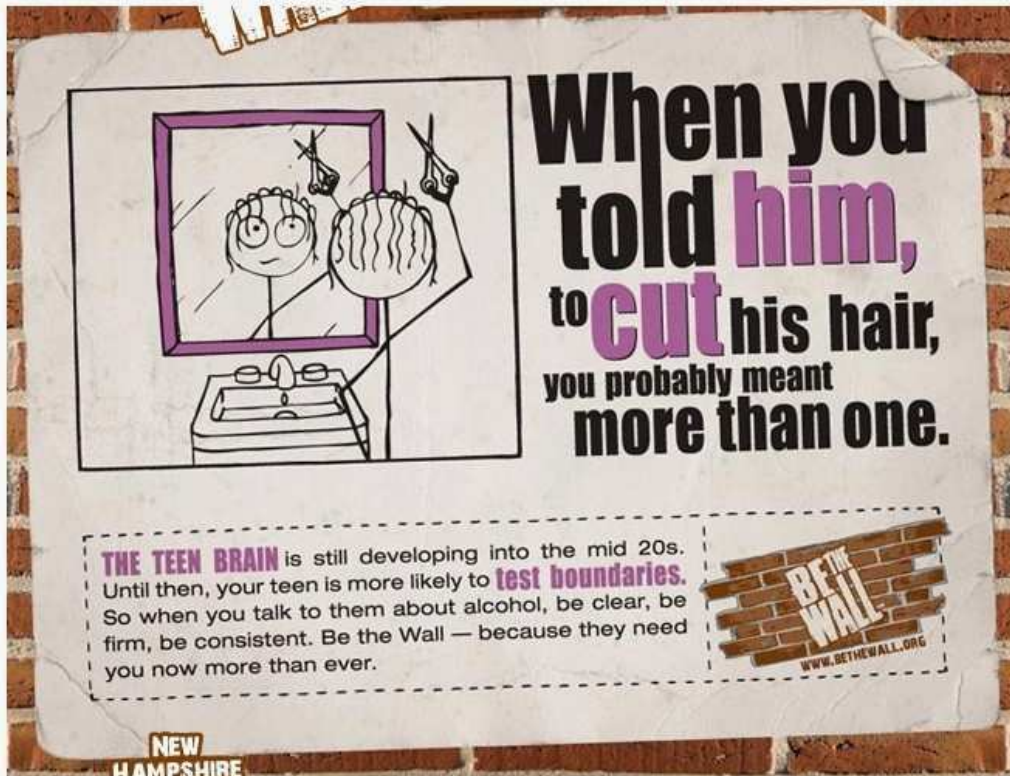
Annual Survey – Every year RCFY sends out a survey to our membership and the community as a whole. This year we are working with a group of students from an evaluation class at UNH to assist in the process. The link for this survey will be going out in the next couple of days. We are encouraging everyone to take a few minutes and help us by filling it out.

Another session of Boomerang was begun last night and will run throughout the month of March.

Volunteer opportunities – as RCFY moves forward we understand that there are many people who have offered to step up and volunteer for various activities and events that RCFY has. Over the next few months we will be working on a volunteer management system to be better at posting what is available, who we need to help and how people can get more involved. More information on this will be coming.

Our DISCOUNT CARDS are coming! They will once again be \$10 and are full of Raymond businesses. All proceeds will go to supporting the RCFY mission and all savings will go right into your pocket. Cards will be for sale at the town hall or by contacting our office. They will also be available at our RCFY table for Earth Day at Riverside park on April 16th.

The next installment of our regional effort around Be The Wall is below. A new saying, cartoon and message. Hope you enjoy it. Visit www.bethewall.com for more great ideas.



Please join us next month on April 14, 2011, 9 – 10:30 am, *Lamprey Health Care,*

Mission Statement

Raymond Coalition for Youth empowers the community to promote positive youth development and strengthen community assets by coordinating services and opportunities through prevention initiatives, including suicide, alcohol, tobacco and other drugs

Bringing Positive Choices full Circle!

www.rcfy.org