

Raymond Coalition for Youth Resource Numbers

Abuse

A Safe Place (Domestic Abuse and Teen Dating Violence)	1-800-854-3552
SAFE: Stop Abuse For Everyone "Our name IS our mission"	http://www.safe4all.org
DCYF (To report abuse)	1-800-894-5533
After hours helpline	1-800-852-3388
Sexual Assault Support Services	1-888-747-7070

Alcohol/Drug Abuse

Alcoholics Anonymous (AA)	1-800-593-3330
Al-Anon/Alateen	1-877-825-2666
Website	www.nhal-anon.org
Narcotics Anonymous (NA)	1-603-645-4777
	www.gsana.org/
Leadership to Keep Children Alcohol Free	http://www.alcoholfreechildren.org
New Futures	http://www.new-futures.org/
Making Change <i>A Substance Abuse Support Group for Young People</i>	
Mondays 3:00-4:00 pm At the Sad Café, Rte. 125 Plaistow, NH	1-603-382-6541 x227
Focus on Recovery Drug Abuse	1-800-888-9383
Narcotics Anonymous	1-603-645-4777
Breath NH	1-603-669-2411
NH Tobacco Resource Center	1-800-879-8678
Child Abuse/Neglect	1-800-894-5533

Child Care

Easter Seals	1-603-895-1522
Rockingham VNA	1-603-772-2981
Rockingham Community Action	1-800-556-9300

Counseling Services

Seacoast Mental Health	1-603-772-2710
Child & Family Services	1-603-772-3786
Webster Place Center	
27 Holy Cross Road, Franklin, NH	
c/o GAD P.O. Box 518 Ashland NH 03217	http://www.websterplace.org
Catholic Charities	info@websterplace.org
	1-603-669-3030

Crisis Hot Lines

Teen/Helpline 1-800-639-6095
 Seacoast Outright Hotline 1-800-639-6095
 Headrest Teen line 1-800-639-6095

Eating Disorders

Eating Disorders Awareness 1-800-931-2237
 Center for Eating Disorders 1-603-472-2846

Educational Resources

Family Resource Connection 1-800-298-4321
 Jobs for American's Graduates 1-603-647-2300
 Salvation Army 1-603-627-7013
 Raymond Head Start 1-603-895-9223
 Raymond Library 1-603-895-2633
 YMCA 1-603-432-9329

Employment

NH Job Training 1-800-772-7001
 Labor Ready 1-603-647-1237
 NH Employment Program 1-888-436-3702

Housing Assistance

Families in Transition 1-603-641-9441
 NH Housing Authority 1-800-640-7239
 Cross Roads House 1-603-436-2218
 My Friend's House 1-603-749-3017

1-603-436-4989

New Generation (*Pregnant women and Mothers
 with children only)

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Family Support

Child & Family Services Parent
 line 1-800-640-6486
 Families Anonymous 1-800-736-9805
 Mother's of Preschoolers- MOPS 1-603-895-3584
 Samaritan Hot Line 1-603-622-3836
 Tough Love International 1-800-333-1069
 UNH Cooperative Extension 1-603-679-5516

Financial Assistance

Consumer Credit 1-800-660-5609
 Welfare Department 1-800-821-0326
 Community Action 1-603-431-2911
 NH Healthy Kids – (non-profit
 insurance) 1-877-464-2447
 Family Services Association 1-603-436-0641
 Food Stamps 1-800-821-0326
 WIC 1-603-422-8208

Health

Ask-A-Nurse 1-603-626-2626
Lamprey Health Care 1-603-895-3351
Medicaid 1-800-821-0326

Legal Assistance

NH Legal Assistance 1-800-334-3135
Legal Advice and Referral
Center 1-800-639-5290

Local Assistance

Emergency 911
American Red Cross 1-603-624-4307
Raymond Fire Department 1-603-895-3321
Raymond Police
Department 1-603-895-4222

NH
Helpline 1-800-852-3388
Northern NE Poison Center 1-800-562-8236
Raymond Town Hall 1-603-895-4735

Raymond Chamber of
Commerce 1-603-895-2254

Pregnancy Help, Birth Control

Exeter Planned Parenthood 1-603-772-9315
Lamprey Healthcare 1-603-895-3351
Feminist Health Center 1-603-436-7588
New Generation 1-603-436-4989
Information & Referral Info 1-888-499-2525

Parenting

Parent to Parent of NH 1-800-698-5465
Parent Line - Child & Family
SVS 1-800-640-6486
Parent Information Center 1-800-947- 7005
Parents Without Partners 1-603-669-4275
Tough Love International 1-800-33-1069

Runaway

National Runaway Switchboard 1-800-621-4000
Hotline 1-800-231-6946
Website www.nrscrisisline.org/
Messages from runaways 1-800-231-6946
Direct calls to parents 1-800-621-4000

Sexual Identity

Seacoast Outright 1-603-431-1013
Website www.seacoastoutright.org/
PFLAG 1-800-750-2524
Website www.pflagnh.org/

Sexually Transmitted Diseases

NH STD Hotline

1-800-228-0254

AIDS Hotline

1-800-752-2437

Suicide & Depression

Suicide Prevention

1-800-273-TALK

(1-800-273-8255)

Website

www.yellowribbon.org/

Hampstead Hospital

1-603-329-5311

Portsmouth Pavilion

1-800-924-1086