

**Raymond Coalition For Youth ~ Meeting Minutes**  
**December 8, 2022 ~ 9:00 – 10:30 am**  
**In Person at Raymond Baptist Church Basement**



**Present: 20**

<b>School</b>	Terry Leatherman, SAU 33 Abigail Massey, IGHMS
<b>Health Care</b>	Kim Coronis - Breathe NH Carli Hughes, Lamprey Health Care
<b>Treatment Services</b>	Samantha Areson -Seacoast PUB Hlth Network
<b>Town/ Government</b>	Kristen Buckman - Dudley Tucker Library Tammy Reardon, Raymond Rec Dep Mike Kilrain - Raymond Fire Dept Brian Johnson - Raymond Fire Dept Tim Cahill - State Representative
<b>Youth Serving</b>	Eliza Zarka - Governor's Office Pamela Turcotte - RCFY Finance Coordinator Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord
<b>Law Enforcement</b>	Jeff Trahant, Juv Probation & Parole
<b>Volunteer/Community Member</b>	Marcia Garber - Resident Ghislaine St. Pierre - Ray Fre Senior Center Paula Frenette - Resident Ed Wood - Raymond Area Rotary
<b>Service Organizations</b>	Jillian Dubois - New Futures
<b>Faith Based</b>	David Newton - Raymond Baptist Church
<b>Community Resource Organ</b>	Patrice Baker

Welcomes, Introductions, Announcements were made.

Celeste introduced our speaker Patrice Baker. Patrice Spoke on the other side of Adverse Childhood Experiences (ACES), Positive Childhood Experiences (PCE)

HOPE, Healthy Outcomes from Positive Experiences. Most people will focus on the Risk Factors first. The 4 building blocks of HOPE are:

- Relationships = People
- Environment = Places, safe equitable, stable environments
- Engagement = Purpose, social and civic engagement
- Emotional Growth

It was found that for people who have 7 positive experiences both inside and outside the family atmosphere only 12% will experience poor mental health.

Absence of PCE may be more harmful than ACES for some people.

Positiveexperiences.org has many printable flyers and videos.

There was a list of updates, upcoming events and volunteer opportunities:

- Family Fun Night February 17, 2023 6-8 PM at Middle School
- Project Safeguard for 7th and 8th grades - location pending

Funraising Gala on March 11, 2023 at Atkinson Country Club  
Gala Committee Volunteers Needed

**Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.**

Next Meeting Jan 12, 2023  
2023 Meetings  
February 9, March 9, April 13, May 11

**Mission Statement:**

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

***Promoting Positive Healthy Choices for our Youth!***

[www.rcfy.org](http://www.rcfy.org)

