

Raymond Coalition For Youth ~ Meeting Minutes
May 12, 2022 ~ 9:00 – 10:30 am
In Person and Zoom at Raymond Baptist Church Basement



Present: 31

School	Mariah Maki, IHGMS Pat Arsenault, LEAP
Health Care	Jillian Burns, Seacoast Mental Health Robin Schell, Brain Injury Assoc of NH
Substance Misuse Prevention Treatment Services	Karen Morton-Clark - Recovery Friendly Workplace Julie Day - Waypoint Abbi Hoff - Waypoint Intern Kim Coronis - Breathe NH Patrice Baker, Pinetree Institute
Town/ Government	Alyssa White - Asst Librarian, Town of Raymond Tammy Reardon, Raymond Recreation
Youth Serving	Pamela Turcotte - RCFY Finance Coordinator Celeste Clark - RCFY Executive Director Pam Baker - RCFY Program Coordinator
Youth	Marissa McGlynn, Youth Action Kaylee McGlynn, Youth Action Kimberly Burt, Youth Action Alicia Call, Youth Action Jacci Reynolds, Youth Action Nathan Wallace, Youth Action
Law Enforcement	Michael Labell, RPD Chad Shevlin, RPD John Minichiello - Hancock Police Dept Brian O'Keefe - DEA Ben Williams, State Liquor Enforcement Nicole Jordan, Juv Probation & Parole
Fire Department Volunteer/Community Member	Mike Kilrain, RFD Jim Tuttle - Volunteer Cutler Brown - Volunteer RCFY BOD Paula Frenette - Resident
State/Federal	Eliza Zarka - Governors Office

Welcomes, Introductions, Announcements were made.

RCFY Executive Director Celeste opened the meeting by giving an update on the Marijuana Bill HB 1598 that failed again this year. Credit was given to the YA Students that attended the session and gave their reasons why we should not legalize recreational marijuana in the state.

Celeste introduced Robin Schell, Senior Counsel at Jackson, Jackson & Wagner and a representative from Brain Injury Assoc. Of NH. In 2019 there was a task force formed to investigate the impact that opioids have on the brain. Someone who is unconscious for 3-4 minutes from a drug overdose can sustain a brain injury.

One of the areas of focus is Teens. Working to get information into the schools and working with groups like the NH Athletic Association. Mentioned the NM PBS documentary "Roads to Recovery" and working to get documentaries out to schools. She is working with a pilot program at Nashua Hospital to do screening for brain injury.

Some of the signs of brain injury are depression, anxiety, and memory issues. She asked the Youth what ideas they had to get the work out of their peers. They said they would use the YA poster, hold an assembly, RCFY at a youth level meeting, and create and pass out risk cards. Websites for more information are: bianh.org and zerosuicidesnh.org. Suicide and its prevention is connected to mental health and brain injury. Websites: bianh.org and Zerosuicidesnh.org.

A number of Youth Action Students attended today's meeting, their names are listed above in the attendance list. They talked about mental health and how it is a big discussion amongst teens today.

They feel that parent support is important and they should be open to listening to their kids. Also to recognize the need for therapy, open up conversations on both sides and understand them. Nobody is looking to blame. Both sides should adapt and support each other and recognize heroes.

Their message is "Are You Okay"? They talked about suicide, vaping and smoking and the changes to body and mental health and anxiety. Celeste mentioned the information trail, who to talk to and the influence social media has on youth today. It can cause fixed ideas and can be a dangerous game. It should be used to send healthy messages.

There was some discussion about 1950 kids vs today's kids and the impact that phones and social media play today.

The film festival projects which center on mental health will be shown at the next meeting.

YA is also working on "One Pill Can Kill" campaign which highlights the recent increase in deaths nationwide due to imposter prescription pills that contain Fentanyl in deadly doses.

The town wide clean was a great success which includes not only the community, Embrace Home Loans and Liberty Mutual but the high school students that participated as a community service day.

Some events that we are working on are the 20th Anniversary of RCFY, 4th of July Parade, Town Fair and our Annual Prevention Summit which will be held on Oct 24, 2022 at Derryfield Country Club.

NH Liquor Enforcement talked about compliance checks and will connect the the YA youths who have an interest in participating.

Meeting ended at 10:30 AM

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meeting June 9, No July Meeting, Aug 11, 2022

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org



