## Raymond Coalition For Youth ~ Meeting Minutes September 9, 2021 ~ 9:00 - 10:30 am In Person at Raymond Baptist Church Basement

Present: 19

School Jessica Caron - Raymond School District

> David DeRuosi Jr.- Raymond School District Dawn Leamer - Raymond School District

**Community Services** Pat Arsenault - SAU/RCFY BOD

Julie Day - WayPoint

Linda Faghan - Live Free Recovery Bob Faghan - Live Free Recovery

Rebecca Throop - Seacoast Mental Health

Mary Barnes - SOS Recovery Nadine Lamontagne - Unite Us

Karen Morton-Clark - Family Friendly Workplace

Pamela Turcotte - RCFY Finance Coordinator **Youth Serving** 

Celeste Clark - RCFY Executive Director Pam Baker - RCFY Program Coordinator Michelle Weaver - Raymond Recreation Tammy Reardon - Raymond Recreation

**Volunteer/Community Member** 

**State/Municipal Services** 

Cutler Brown, RCFY BOD Eliza Zarka - Governor's Office

David Mara - Governor's Office

Welcomes, Introductions, Announcements were made.

Celeste opened the meeting by introducing Pam Baker as our new Program Coordinator for RCFY. Pam talked about the Youth Action groups and her hopes for the school year. The 1st YA group at the High School is scheduled for 9/14/21 and the Middle School in October. She is always welcoming new members and hope to have both school day and after school meetings. She has also been set up with an office located at the HS for access to students during the school day when she is there.

Dave DeRousi, Interim Superintendent of Raymond Schools talked about Vaccine Day that is taking place at Walgreens on Oct 1, 2021. This is for the Phizer Vaccine as well as Flue shots for 12-16 year olds. It is also open to townspeople in need of these vaccines.

The school will be a partner in the Red Ribbon Week Fall Festival taking place at the Elementary School on 10/23/21.

There is also a great need for substitute teachers at all schools and a link for registrations can be found on the school website.

School open houses are scheduled for 9/16 at LRES and 9/30 at Middle School.

Jessica Caron talked a little about the Project Aware Grant and how it has benefitted both RCFY and the students/community.

Karen Morton-Clark mentioned that the Town is working on their designation as a recovery friendly workplace. She will be bringing training to the employees.

Celeste mentioned that Katie Greer will speak at the HS & MS on Online Safety. There will also be a Parents Only night at the Middle School Library on 9/20 from 6:30 - 8:00 PM.

Celeste introduced our Prevention Calendar and it was suggested that we add Vaping to Substance Misuse Prevention. It is a big issue at the HS this year.

Linda and Bob Faghan talked about their program Live Free Recover based in Newton, NH.

A program was introduced called Building Futures Together based at UNH in Durham. This is a training opportunity for Paraprofessionals in Healthcare and School Settings. It is a US Dept of Labor Apprenticeship Program beginning in October. There are 2 levels, 6 months classroom training and 12-14 months On The Job Training. The participants can earn up to a \$12.500 stipend with a 1 year commitment.. Information can be found on the website at iod.unh.edu/projects/building-futures-together.

SOS (Strength Over Stigma) Recovery was introduced. This is a peer based program in Dover, Rochester and Nashua focused on people looking to get fit and healthy and is based on community need. SOSROC.org.

Eliza Zarka and David Mara from the Governors office talked about the Governor's Youth Advisory Council that meets once a month at the State House. This is open to HS Students and applications are open til 9/12.

Celeste mentioned that we have a Community Assessment Survey online and please share.

Our Prevention Summit is scheduled for October 22, 2021 which will be an in-person breakfast. We are looking for volunteers to help set up that day.

Our discount cards are available and can be purchased at Town Hall or online through our website at this time. Cost is \$10 per card.

Meeting ended at 10 AM

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

October 14, November 11 and December 9

## Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

**Promoting Positive Healthy Choices for our Youth!** 

www.rcfy.org







