



Raymond Coalition For Youth ~ Meeting Minutes February 10, 2022 ~ 9:00 – 10:30 am In Person (and Zoom) at Raymond Baptist Church

Present: 24

School Fiona Coomey - Raymond School District

David DeRouse -Raymond School District

Pat Arsenault - LEAP

Dawn Leamer - Raymond School Board

Kiera Clements - LRES PTO

Mackenzie O'Neil - Intern, IHGMS

Substance Misuse Prevention Nadine Lamontagne - Unite Us

Treatment Services Julie Day - Waypoint

Leah Rice - Waypoint Abbi Hoff - Waypoint Kim Coronis - Breathe NH

Macey Muller - Institute of Disability UNH Tammy Reardon, Raymond Recreation Dept

Town GovernmentAlyssa White - Asst Librarian, Town of Raymond

Law Enforcement Michael Labell - RPD Chief

Youth Serving Pamela Turcotte - RCFY Finance Coordinator

Celeste Clark - RCFY Executive Director Pam Baker - RCFY Program Coordinator

May Delaney - RCFY Evaluator Lexi Bly - Dartmouth Driver Safety

Volunteer/Community Member Stephen Sloan- Volunteer

Paula Frenette - Resident

State/Federal David Mara, Governors Office

Eliza Zarka - Governors Office

Welcomes, Introductions, Announcements were made.

RCFY Executive Director Celeste opened the meeting by introducing Dr. Amiee Delaney, RCFY Evaluator. She reported on the success the Coalition has had in Raymond. Data was taken from 15 years of Youth Risk Behavior Surveys as well as Community Surveys.

Trends showed a significant decrease in alcohol and cigarette use. We need more data(years) on Rx use to call it a significant decrease, and vaping which appears to be a substitute for tobacco.

Marijuana is a constant in the community with confusion over whether it is legal or not. Also community perception is an issue with family members using or accepting of its use. This is a priority area to focus efforts on.

The community survey received 112 responses (1% of Raymond). With approximately 50% of the respondents stating Stress and Anxiety, Depression and Substance Misuse as the most troubling issues. The current risks were access to substances, parental acceptance and family misuse. Common themes of comments were family dynamics.

What can RCFY do? Be more visible in the community, support the community, and increase education in the community. It was discussed that RCFY is doing most of these things already but would continue to increase visibility and awareness efforts whenever and wherever possible.

Some ideas were shared of ways to reach parents: Have an informational night with school about the importance of talking about these issues. Have school assemblies, do direct home mailings to parents with information they need to know, Go to partner events with information table (LRES)

Celeste shared that in multiple focus groups, with a diverse group of our students in the community, the overall concerts raised by our young people are:

- 1. Marijuana Use
- 2. Vaping, often marijuana
- 3. Prescription drug misuse

All of these fall under an overarching concern for mental health and suicide risk contributing to the top three substances of concern. Kids are asking for more information about these substances and "want to know the truth about them." This is where it is important to not use scare tactics when talking about prevention. There is also a lack of awareness about the laws and misinformation about marijuana that needs to be addressed.

As part of our CARA grant initiative we will work with the DEA to bring in a presentation to students who have asked for information on this and plan to do the One Pill Can Kill for the April awareness

The DEA Medication Take Back event is going to be on April 30. We will use this as an opportunity to talk about medication safety and the importance of talking about prescription drug safety with kids, teens, young adults and parents.

Bakers are needed to support our Youth Action bake sale at this weekends deliberative session. Anyone interested in helping please see Pam or bring to the high school by 9:45 on Saturday.

Family Fun Night has been rescheduled for Friday evening, February 25, 2022. There is table space available and can be reserved by calling Pam Baker at 603-895-7062. Or pbaker@rcfy.org

Tickets for our 7th Annual RCFY Gala are on sale NOW for March 12, 2022 it will be a great night out. Thank you to all of our sponsors for their support and everyone who is donating items and attending. It will be a great night.

Operation Raymond Cleanup planning committee will be formed to host event first week in May. If interested, contact Celeste.

Meeting ended at 10:30 AM

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meeting March 10, April 14, May 12 and June 9

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org









