

Raymond Coalition For Youth ~ Meeting Minutes
April 11, 2014 ~ 9:00 – 10:30 am
In Person at Raymond Baptist Church Basement



Present: 20

School	Patrick Arsenault, LEAP Kristen Doherty, RHS
Town/ Government	Kristen Buckman, Dudley Tucker Library Micheal Labell, Raymond PD Tammy Reardon, Raymond Rec Dept Dave Mara, Governor's Office Hollie Noveletsky, Candidate Isaac Hadam, Candidate
Youth Serving	Pamela Turcotte - RCFY Finance Coordinator Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord
Substance Prevention	Sam Arenson, Seacoast Public Health Network Ashley Stratton, AmeriHealthCaritas NH Jamie Paolini, The Ridge RTC Kim Coronis, Breathe NH
Service Organizations	Kathy McCarthy, Raymond Rotary, KWRE Rich McCarthy, KWRE
Faith Organizations	David Newton, Raymond Baptist Church
Youth Members	Kaylee McGlynn, So NH University
Community Member	John O'Blenis III

Welcomes, Introductions, Announcements were made.

Sam Areson of Seacoast Public Health Network mentioned that they will be offering Narcan Training.

Jamie Paolini of The Ridge RTC introduced herself and mentioned their program Where Healing Begins, an innovative residential mental health treatment facility for teens 12-18. We hope to have her back to speak on her program at a future meeting. Website is www.theRidgeRTC.com.

Celeste then introduced Kim Coronis from Breathe NH. Breathe NH focuses on Lung Health, Asthma Care, COPD and dangers of vaping and cigarettes. The Coalition incorporates their program Bag The Butts in the Raymond Clean Up each year. The butts are one of the most prevalent litter problems. The butts are made up of plastic, chemicals and stuffing. The plastic takes years to degrade and the chemicals leach into the groundwater systems.

There is now a recycling program located in New Jersey that removes the plastic from the butts and uses it to make the standing ashtrays found outside of buildings.

She also talked about one of the biggest problems that they have seen in the form of vaping. Since 2018 they have presented a program called "Vaping Unveiled". Because the brain and lungs are still developing until the mid 20's exposure to nicotine and chemicals are very toxic. In a 2023 National Survey 23 million people are still using tobacco products with Middle School Students showing the most increase. Vaping is the most popular. Nine out of 10 youth use flavored products.

The FDA receives 26 million applications for sale of tobacco products and only 23 are marketed legally.

Other topics to be discussed were:

Campaign for Tobacco Free Kids. In NH 16.2% of HS Students are using tobacco products. Annually 1900 people pass from smoking.

Cafe Breathe is an informal casual get together coming in the Fall.

The Lending Library - A traveling information library. This was set up in our recent Family Fun Night.

Breathe Action Team - State House Advocacy/Outreach (New Members Wanted)

In Person: Vaping Unveiled and COPD Connect

Online: COPD Caregivers Toolkit

Asthma Care for Kids Onsite Education

Seasonal Allergies

Breathe NH also sells a Fund Pass as part of their fundraising. Other fundraising is Eager Breathers, MT Washington/Winnepesaukee Boat Ride on 9/5/24 and Fairways Golf Classic on 9/16/24.

There is also a scholarship for students entering studies in Public Health, Nursing or Respiratory Therapy.

Websites are www.breathenh.org.
www.quitnowNH.org

Updates:

- Project Safeguard for the 7th grade class is scheduled for **May 17, 2024** at Southern NH University.
- YA Film Festival will be held on June 9 at Portsmouth Music Hall.
- DEA Take Back Event is scheduled for 4/27/24 at Walgreens.

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meetings May 9, June 14, **NO July Meeting**, August 8

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org

