

Raymond Coalition For Youth ~ Meeting Minutes
October 13, 2022 ~ 9:00 – 10:30 am
In Person at Raymond Baptist Church Basement



Present: 32

School	Jessica Caron, RSD Pat Arsenault, LEAP Abigail Massey, IGHMS
Health Care	Carli Hughes, Lamprey Health Care Paige Beleski, AmeriHealth Caritas Kim Coronis - Breathe NH
Treatment Services	Samantha Areson -Seacoast PUB Hlth Network Jillian Burns - Seacoast Mental Health Patrice Baker - Pinetree Institute Maureen Sullivan - Pinetree Institute Nadine Lamontagne - Unite Us
Town/ Government	Alissa Welch -Selectperson Kristen Buckman - Dudley Tucker Library
Youth Serving	Pamela Turcotte - RCFY Finance Coordinator Pam Baker - RCFY Program Coordinator Celeste Clark - Exec Director, RCFY
Youth	Marissa McGlynn - Youth Action Alexandra McGlynn, Youth Action Parent
Law Enforcement	Jeff Trahant, Juv Probation & Parole Chad Shevlin, RPD Mike Labell, RPD Ben Williams, State Liquor Enforcement John Minichiello, Hancock PD Steve Pappajohn - Dover PD
Volunteer/Community Member	Paula Frenette - Resident Jim Tuttle, Resident Marie Friling - Resident Jillian Ainsworth - Resident
Service Organizations	Katrina Langlois - Raymond Area Rotary Greg Dowty - Dover Rotary
State Government	Eliza Zarka - Governor's Office Jillian Dubois - New Futures
Faith Based	David Newton - Raymond Baptist Church

Welcomes, Introductions, Announcements were made.

Celeste introduced our speaker Patrice Baker of the Pinetree Institute. Patrice started the discussion on ACES (Adverse Childhood Experiences). Patrice then introduced Maureen Sullivan who continued the discussion. They talked about a Master Training Program that is shared to communities. They talked about the fact they are a nonprofit organization which keeps child advocacy neutral. DCFY works with police, mental health, DEA, liquor enforcement, etc. There is a facebook link at Pinetree Institute to make donations.

ACES is not a low income, racial, ethical problem. It deals with household dysfunction due to alcohol, drugs, mental health, divorce, emotional, physical and sexual abuse. All these issues

are very interrelated. The program is expanding to look at inside as well as outside household influences.

They then showed a film titled "Step Into The Circle". It focused on 285 incarcerated men who learned about ACES for the first time. [Slido.com](https://www.slido.com) Each step into the circle brought them closed together with No Shame. Changes start in both the home and the community.

Greg Dowty, Dover Rotarian talked about Biology - everything is received through synaptic density - Central nervous system.

In a child over 1 million connections are received and by age 6 the brain is almost fully developed. The brain prunes by puberty, what they don't use they lose.

He talked about Executive Function Skills: Response Inhibitors and Planning and Prioritization. Children with ACES don't have these skills. Increasing positive experiences decrease negative experiences. How a significant adult is a positive factor.

Steve Pappajohn or Dover PD talked about how the Dover Youth to Youth and Division have added ACES on YRBS. One of the most important questions on the YRBS is "Do I Matter?".

He talked about the Care Protective Systems:

1. Positive View
2. Relationship Attachment and Belonging
3. Self Regulation
4. Communities

Celeste then opened up time for questions.

There was a list of updates and volunteer opportunities:

October 27th is T-Shirt day at the Schools
Recovery month awareness
Red Ribbon Week 10/21 thru 10/29/22
DEA Medication Take Back - October 29th at Hannaford
Annual Prevention Summit, Oct 28, 2022 at Derryfield Country Club
Oct 20, 2022 the Lamprey Health Care is holding a Vision Screening

Naloxone Kits were made available at the end of the meeting.

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meeting , November 10 Dec 8, 2022

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org

