## Raymond Coalition For Youth ~ Meeting Minutes July 9, 2021 ~ 9:00 - 10:30 am In Person at Raymond Baptist Church Basement

Present: 11

School Jessica Caron - Raymond School District

Fiona Coomey- Raymond School District

**Community Services**Julie Day - WayPoint

Patrice Baker - Family Resource Center

Dawn Hamdi - Work Ready NH

**Youth Serving** Pamela Turcotte - RCFY Finance Coordinator

Celeste Clark - RCFY Executive Director Heather Sweet, Seacoast Mental Health

**Law Enforcement** Nicole Jordan - JPPO

Volunteer/Community Member Cutler Brown, RCFY BOD

Municipal Services Alyssa White - Dudley Tucker Library

Welcomes, Introductions, Announcements were made.

Celeste opened the meeting by welcoming Alyssa White to the meeting, she is assistant librarian at the Dudley Tucker Library here in town. Alyssa talked about the book sale that would be ongoing during the town fair. It is run by the Friends of the Library and proceeds would benefit the library.

She also talked about how sometimes she feels like a psychologist when patrons come in and look for services. She was pleased to make the connection with our two speakers and will connect to get more information to have available. She mentioned that 12 to 25 yr old groups need support and they sometimes get forgotten.

Julie Day from Waypoint, formerly Child and Family Services mentioned that there is an uptick of moms who are addicted and they are working to provide child abuse treatment and family support.

Celeste talked about the CARA Grant that we were just awarded. This focuses on ACES, Recovery Friendly Workplace, Medication Safety and awareness. As a focus, the Youth Action Group then wants to work on a student project "Kids Kick Opioids" along with their other projects such as Red Ribbon Week and developing awareness of the dangers of alcohol and other drugs. They are also focused on the increase in stress and anxiety, especially in the light of the Covid epidemic.

The first speaker was Patrice Baker, Family First Parent Education Manager. She provided information on the Parent and Family Programs for Parents, other caregivers and Families. The programs will move outdoors as well as continuing online. The online courses seem to attract people from all over the state, not just people able to attend their Somersworth and Portsmouth sites. All families are welcome and the services are free. (603) 422-8209, www.FamiliesFirstSeacoast.org.

Our Second Speaker was Dawn Hamdi from Work Ready NH. WorkReadyNH is a practical, tuition-free program designed to meet the needs of job seekers and career builders as well as provide specific skills that employers are looking for in their current and future employees. They have both online and classroom instruction to improve and practice soft skills. (603) 230-3534, www.csnh.edu/WorkReadyNH

Celeste mentioned that we have a Community Assessment Survey online and please share.

Our Prevention Summit is scheduled for October 22, 2021 which will be an in-person breakfast. We are looking for volunteers to work on a committee to help plan the Summit. The first meeting will be July 22, 4 pm via zoom.

Out discount cards are available and be purchased at Town Hall or online through our website at this time. Cost is \$10 per card.

Meeting ended at 11 AM

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

No August Mtg, September 9, October 14, November 11 and December 9

## Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

**Promoting Positive Healthy Choices for our Youth!** 

www.rcfy.org









