



COMMUNITY RESOURCE GUIDE

EMERGENCY ASSISTANCE

Emergency	911
Raymond Police Department	603-895-4747
Raymond Fire Department	603-895-3321
Mental Health – call or text	988
Northern NE Poison Center	800-222-1222
Rapid Response – mental health or substance misuse crisis	833-710-6477

LOCAL SERVICES

Dudley Tucker Library	603-895-7057
Ray/Fre Senior Center	603-895-3258
Raymond Chamber of Commerce	603-895-2254
Raymond Recreation Dept.	603-895-7031
Raymond Town Clerk/Tax Office	603-895-7025

SCHOOLS AND EDUCATIONAL RESOURCES

Lamprey River Elementary School	603-895-3117
Iber Holmes Gove Middle School	603-895-3394
Raymond High School	603-895-6616
After School Program (LEAP)	603-895-3394 x 4240
Exeter Adult Education	603-775-8457

PRESCHOOL/ DAYCARE

Blocks to Books	603-895-5323
Play, Laugh, Grow LLC	603-244-3900
Raymond Head Start	603-244-2937

FAMILY FINANCIAL SUPPORT

Child & Family Services Parent Line	800-640-6486
Division of Children, Youth & Families	603-271-4451
Families in Transition	603-641-9441
NH Employment Security	800-821-0326
People Ready – Temp Staffing	603-647-1237
Parent Information Center of NH	800-947-7005
Catholic Charities NH	603-624-4717
GreenPath Financial Wellness	800-327-6778
Ritchie McFarland Children's Center	603-778-8193
Rockingham Community Action **	603-895-2303
Rockingham Nutrition –Meals on Wheels	603-679-2201
Salvation Army	603-627-7013
State Office for Veterans Assistance	603-624-9230
UNH Cooperative Extension	603-862-1520

HEALTH AND WELLNESS

Catholic Medical Center	603-668-3545
Convenient MD	603-772-3600
Core Physicians	603-693-2100
Elliot Hospital	603-669-5300
Elliot Pediatrics/Primary – Raymond	603-895-8000
Exeter Hospital	603-778-7311
Lamprey Health Care**	603-895-3351
NH Healthy Families	866-769-3085
Parkland Hospital	603-432-1500
Rockingham VNA & Hospice	800-540-2981
Seacoast Mental Health	603-772-2710

LOCAL CHURCHES

Bethany Church	603-431-3646
New Life Church	603-895-6041
Raymond Baptist Church**	603-895-2859
Raymond United Methodist	603-895-2265
St. Joseph Catholic Parish	603-679-8805
The Congregational Church of Raymond	603-895-2362

LEGAL SERVICES

603 Legal Aid	800-639-5290
NH Legal Assistance	800-334-3135

SUPPORT GROUPS AND INFORMATION

Al-Anon/ Alateen	603-369-6930
Alcoholics Anonymous	800-593-3330
Department of Child and Family Services	800-894-5533
Child Advocacy Center	603-422-8240
Cross Roads House – Shelter Portsmouth	603-436-2218
Friends of Aine – Greif Support	603- 669-1120
National Domestic Violence Hotline	603-994-SAFE
Narcotics Anonymous	888-624-3578
My Friends Place National Runaway	800-786-2929
Hotline New Generations	603-436-4989
NH Housing Authority	603-472-8623

 
**ADDITIONAL RESOURCES,
SUPPORT AND
INFORMATION (Including
Treatment and Recovery)
AT WWW.RCFY.ORG**



**** Offers Food Bank Service – please call**

Safely Dispose of Expired & No Longer Needed Medications, FREE 24/7 At The Raymond Police Department