







## Con nect with us

Spread the love! Like, follow, connect and share. Connect with us on the following platforms to get current updates on meetings, pictures, information, latest trends, training opportunities, videos, and more.



Thank you for making the Raymond Coalition for Youth's progress possible!

www.rcfy.org



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The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use, and suicide risk.

www.rcfy.org

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Promoting Positive Healthy Choices for Youth!

#### Welcome to the 2019 Raymond Coalition For Youth (RCFY) year in review.

We are very fortunate that as the years go by, we are able to talk about the continued success of the Raymond Coalition For Youth. This success is possible due to the dedication and support of the many partners, supporters, volunteers, and youth members who make up the RCFY.

Our work is about connections and supporting our community members with the resources they need to live happy, healthy lives. To quote Peter Benson, from his book, PARENT, TEACHER, MENTOR, FRIEND, "If you breathe you are on the team." When kids feel valued by and connected to people who care, they have better academic and social-emotional outcomes.

I would like to personally thank each person who makes up RCFY and is a part of the team. Please enjoy this book, share it, and recognize the many lives that RCFY continues to impact and support positively.

Sincerely, Celeste Clark, Executive Director



#### **Raymond Coalition for Youth Board of Directors:**

Ali Bousquin, Chair; Family Ministries Coordinator, Bethany Church
Greg Sevinsky, Vice Chair; Walmart Distribution Center Manager, Veteran
Carrie Chooljian, Secretary; Lamprey Health Care; Care Manager
Patrick Arsenault, Treasurer; Director, Raymond 21st Century LEAP Program
Dustin Ramey, Development Director; Edward Jones Financial Manager
Cutler Brown, Veteran, Retired - Business

Mark Hassenpflug, Retired - Banking/Non-profit

Tricia Wentworth, Raymond High School Guidance Councilor

#### **Raymond Coalition for Youth Staff:**

Celeste Clark - Executive Director
Pam Turcotte - Finance Coordinator
Christine Bostaph - Program Coordinator
Kathy Pouliot - Communications/ IT Coordinator

## Community Networking Meetings









You are invited to join us the second Thursday of each month 9:00 am - 10:30 am, at the Raymond Baptist Church on RT 27 in Raymond. Coffee, tea, and muffins are generously donated by Hannaford for each meeting.

Each meeting is packed with information, resources, conversation, and is a great networking opportunity. We thank all of our guest speakers who join us to share and grow resources in our community.





#### **ACERT**

**Adverse Childhood Experiences Response Team** 

























## RCFY in the Community

The Power of Community: "Dream Builders. Whatever we accomplish belongs to our entire group, a tribute to our combined effort." ~ Walt Disney



Information tables



Ace/Ben Franklin card sales & info



Student Wellness Fair



Ace/Ben Franklin



LRES Ice Cream Social



High School Bulletin Board

"Thank you so much for coming last night to present to the Raymond School Board about the YRBS results. I truly appreciate it and you did a great job!" ~ Dr. Tina McCoy, Superintendent of RSD



Raymond School Staff Health Fair

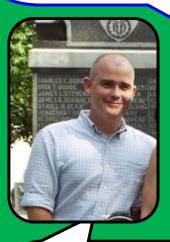


Kaizen Academy



Raymond Town Hall

The energy of the RCFY revitalizes and inspires continued work with children and teenagers.



"Great job! Thank you to you and your team for what you do and how you positively reflect on this community." ~

Joseph S. Ilsley, Town Manager, Town of Raymond

"Keep up the great work my kids love all of the events that are held each year." ~ Parent





Just like the roots of redwood trees, people are stronger when they work together.

"RCFY is an amazing group for organizations and businesses to work together in an effort to create a safe, well-rounded community in the great state of New Hampshire. The Buckle Up New Hampshire and Youth Operator programs, that are based out of the Injury Prevention Center at the Children's Hospital at Dartmouth-Hitchcock, understand how important it is to be a part of an active community organization, like RCFY, and look forward to continuing the combined effort of keeping the Raymond community

This is a group that is very well connected in their community, especially their youth, and a great group for us to be working with.

At my first RCFY meeting the NH Harm Reduction coalition presented on syringe services program. It was energizing to see a community response of openmindedness, solution—focused spirit.



"Networking with a supportive team in the community has assisted me to empower students to live the best of their everyday lives." Ms. Kebler, IHGMS



Going to the youth film festival. They were all so proud of their work. It made me proud to be a part of RCFY!

## 6th An nual Gala Fundraiser

















THANK YOU! To everyone who helped plan, who attended and sponsored our main fundraising event of the year.

We raised almost \$30,000 to support the RCFY mission.









WE HOPE TO SEE YOU NEXT YEAR!
MARCH 21ST, 2020

MARCH 21S1, 2020
ATKINSON COUNTRY CLUB
RETURNING -JUSTON MCKINNEY









## Town Fair







Prevention can be FUN and engaging. The phrase: "FREE T-SHIRT!" was heard by many walking past our booth at the Raymond Town Fair. We met with so many great people and discussed opinions on marijuana, and vaping, while providing resources and activities for both adults and their accompanying children. Candy trivia had people learning important information about the dangers of alcohol, vaping and marijuana, while having fun and winning prizes.







## Recovery Task Force

Our Recovery Task Force has been meeting since 2015 to respond to the ongoing impact of substance misuse on individuals and families. We discuss strategies to see what will work for our community such as ACERT (Adverse Childhood Experience Response Team), Harm Reduction Services, the Recovery Friendly Workplace and Hope for Recovery groups. Substance Misuse is complicated and people need to know that people care and want to help.



Walmart DC in Raymond NH was an early adopter to the Recovery Friendly Workplace and RCFY was happy to help provide resources and community connections to support their employees and families.

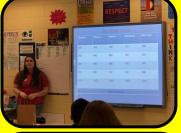
#### Keep Hope Alive



## Project Safeguard

In 2019, we had twice as much learning and fun at Project Safeguard as we had both seventh and eight grade attend this year (due to snow the previous year) The event was a complete success and we are very grateful to all of our partners who helped to offer sixteen different class options for our students along with a Key Note speaker and End Note speaker.































## EXETER HOSPITAL

an exeter health resource

The Art of Wellness



## 6th An nual Prevention Summit







In October of 2018, we had our 6th Annual Prevention Summit with special guest speaker Becky Parton, MSW, LICSW, our keynote speaker, from Dartmouth Trauma Intervention Research Center, gave a great overview of the long term impact of Adverse Childhood Experiences (ACEs) on the human brain. Many of our guests commented on how enlightening it was. View the presentation on our RCFY YouTube Channel anytime.

We thank our guests and sponsors for making this once again one of our bigger prevention and awareness events of the year for partners.





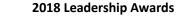














Raymond Community Television, Community Partner Award, accepted by Art Wolinsky and David Washer

Lynne Towle, Community Leader Award

Joscalyn Gallo, Youth Leadership Award

Jill Galus—Youth Mentor



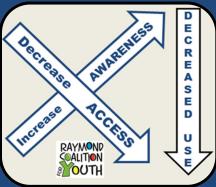
## Substance Misuse Prevention







#### **RED RIBBON WEEK**



Prevention takes a community working together to support our young people. Parents, youth, grandparents, teachers, coaches, businesses all need to be aware of the importance of knowing the dangers and risks associated with young people experimenting with alcohol, marijuana or vape devices. A special thank you to our law enforcement partners, Breathe NH, Ms. Kebler, and especially our Youth Action members who step up and use their voice to make a difference.

Children and teenagers are influenced by the environment they live in.







## Family FUN Night



Sharing Resources



























Providing Information

Thank you to Pizza by George and Coca Cola for providing dinner and to all our partners who helped make this amazing night possible!





## DEA Take Back Event



Got Drugs? RCFY has been participating in the DEA Medication Awareness and Prevention Safe Disposal event since it started, in addition to the thousands of pounds collected at the Raymond Police station medication disposal box that is open 24/7.

Got Drugs?

#### **INCREASE AWARENESS**

#### **REDUCE ACCESS**

#### **BUILD PARTNERSHIPS**





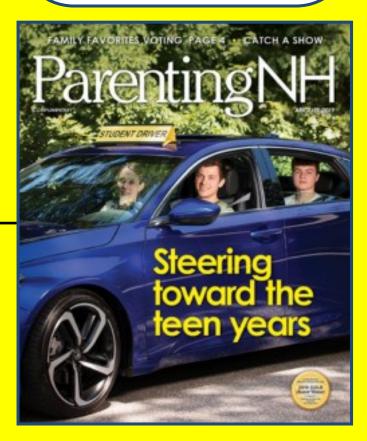


## RCFY in Magazines

## Reading, Writing, and Vaping, page 19

"Healthy teenagers are harming themselves by putting unknown chemicals and toxins into their bodies. It's concerning to see how little they know about the effects of vaping."

-Christine Bostaph





## Interstate Peer Pressure, Page 50

"I fear that the only things that will come from the legalization of marijuana would be the perception of risk of this substance would drop to virtually none, increasing marijuana use in adolescents (despite age restrictions), and increase car accidents related to driving while impaired."

-Savannah Cooney

## Our Interns ROCK!



"Thankfully, I have been able to learn even more life lessons and career skills than I had originally expected, and I feel as though I made a difference. This internship has far exceeded any hopes or expectations I had in the beginning, and I am extremely grateful to have been provided such a unique opportunity, especially this early on in my professional life."

Savannah

**School Year** 

Summer

"My summer internship was something that I feel embodies what RCFY sets out to accomplish. I started with an expectation to learn something, but I had no idea that something would include: presentation skills, effective communication skills, and what felt like the most important, how to use Microsoft Publisher. I immediately felt like I was an asset to the team, which certainly made me excited to show up every day. The communication skills of such a small group were highly effective. I was kept informed about not only what our objectives were, but how we were to achieve them, which made me feel accomplished when we consistently made progress. Every week was just as busy as the last, whether we were scrambling to plan and set up the town fair, conducting a drug and alcohol community scan, or running a town-wide scavenger hunt. I am so thankful to the Coalition for giving me an outlet for creativity and helping me to improve my work ethic over the past six years."

#### **Timothy**



## RCFY Scholarship Recipient



Each year RCFY awards a scholarship to a graduating youth member who has been a part of RCFY and supports the mission.

Tyler has been a Youth Action member for 2 years.

"The coalition has been a great change to my life. It gave me something to do in my free time and an opportunity to meet some amazing people and some great friends. It is also very great to know you're making a difference."

## Summer FUN! Series





























## Raymond High School Youth Action







Raymond High School Youth Action meets on Tuesdays to discuss issues that are affecting their lives in and out of school. Topics they focus on range from peer pressure, to substance misuse and peer safety.





## STUDENT LED, ADULT SUPPORTED



"So everyone will know who and where to go for help and know people





TUESDAY
2:15

RAYMOND HIGH SCHOOL



## Middle School Youth Action

The middle school Youth Action group is the first opportunity for the students of Raymond to get involved and make a difference in their community. Meeting afterschool on Wednesdays, the middle school Youth Action group is a diverse group of students in grades 5 through 8. They are enthusiastic, energetic and passionate about delivering positive peer-to-peer prevention messaging to their school and in the community.

WEDNESDAY

2:45

IHG Middle School

#### **ENGAGE, EDUCATE, EMPOWER**





I WAS KILLED BY A
DISEASE CAUSED BY
TOBACCO USE.

Every day, 5 people in NH
die of a disease caused by
tobacco use.

DON'T TRY SMOKING, VAPING
OR OTHER TOBACCO PRODUCTS

Alcohol Q&A with our middle school RCFY Youth Action

Group!

RAYMOND OALITION

OUTH

April is Alcohol Awareness Month

Check out our videos on our Raymond Coalition for Youth YouTube channel!

#### **GRIM REAPER**







## **Not Just Vapor**







## Elementary School Youth Action Lite



This year, the Raymond Coalition for Youth partnered with the After School Program and introduced 3rd and 4th graders to a taste of what Youth Action is like. We spent our time together with topics such as unplugged activities, Stranger Danger with Raymond Police, and what they love about our community.



Check out their video on our Youtube channel!

#### What Youth Action Lite is Thankful For





## Sticker Shock



Thank You to NH Liquor
Enforcement and our local
stores who support this
effort to raise awareness to
adults that it is important to
not provide alcohol to
anyone under the age of 21.



# BUYEKS BEWARE Providing Alcohol to Minors is a Criminal Offense. \$2000 FINE RAYMOND NEW HAMPSHIRE

RAYMOND NEW HAMPSHIRE

CALITION LIQUOR ENFORCEMENT

OUTH WWW.rcfy.org





## RCFY Rock Quest









2019 ROCK QUEST was a hug success! It was outside fun, finding new and exciting places in our town to visit and explore. Thank you to Kathy Cramer who made special RCFY rocks that our intern Tim was able to turn into our first ever Rock Quest. Everyone who participated had a great time searching around and enjoying the summer as they searched local parks, trails and locations to find them.

Thank you to Pizza By George, Raymond Area News and Tuckaway Tavern for the gift certificate prizes.













Congratulations to our winners! Gianna, Alivia, Addison









## Operation Raymond Clean Up



#### RAYMOND HIGH SCHOOL COMMUNITY SERVICE DAY

















THANK YOU TO EVERYONE WHO **WORKED TOGETHER TO MAKE IT A TOWN-WIDE SUCCESS!** 









## National Night Out







An evening for our community to recognize, interact with, and thank our law enforcement



"We had such a great time! Love our town." -Petra









"Thank you all for a fun night for families! "-Denise



"Thank you for all that you do."-Mark







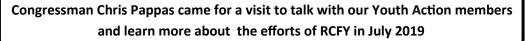


## Advocacy

RCFY is grateful to our local, state and federal partners who support the mission of RCFY and respect the views of our young members who share the importance of our work. We appreciate them taking the time to listen and support RCFY with legislation that helps to support healthy, happy, thriving communities far beyond Raymond NH.











In February 2019, while attending the National Leadership forum at CADCA (Community Anti-Drug Coalitions of America) our NH group got to talk to Senator Hassan back stage before she was recognized with an award for her support around substance misuse. Thank you Senator Hassan for supporting our efforts.



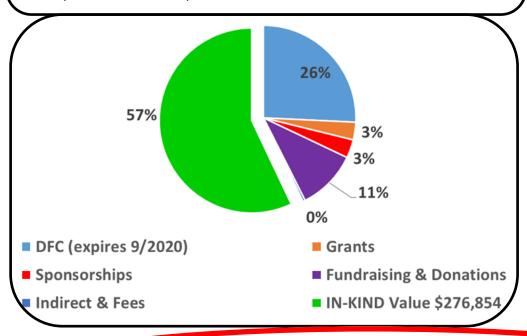
In August 2019, Senator
Shaheen invited RCFY to
talk about the
importance of a DFC
program at a round
table in Derry NH as she
introduced the Turn the
Tide legislation to
support prevention and
recovery efforts in NH.



Youth Action member went to the Concord NH State House in February 2019, to share their concerns about the dangers of marijuana and the impact they see it has on their peers and the overall family structure.

## RCFY Sustainability

The RCFY Sustainability Committee meets at least quarterly to discuss the financial income that helps to keep our programs and mission moving forward. RCFY has been dedicated to having diverse sources of income and have been fortunate to have a ten-year Drug Free Community grant (DFC). DFC has helped to build our capacity and leverage many additional resources that all benefit our community and help to increase our impact .



2019 RCFY Budget			
INCOME			
DFC (expires 9/2020)	125,000		
Grants	14,961		
Sponsorships	15,600		
Fundraising & Dona-			
tions	50,979		
Indirect & Fees	1,962		
TOTAL	208,502		
IN-KIND Value			
\$276,854	276,854		
EXPENSES			
Personnel	122,703		
Benefits	13,160		
Supplies	27,946		
Contractual	18,275		
Travel & Training	13,585		
Other	9,691		
Total	205,360		
_	<u> </u>		

## Successful Recognition





In May, the Office of National Drug Control Policy Director Jim Carrol came to NH to release the data report regarding the success of Drug Free Community (DFC) grant programs. The Raymond Coalition For Youth was one of the successful programs that were highlighted, along with our peers from Nashua, Plymouth and Dover. The DFC program has helped turn our small town coalition efforts into a respected and honored nonprofit community organization that has a strong foundational structure to move forward and continue our efforts.

## Special Thanks

RCFY would like to extend a special Thank You to our Grantors and Funders! RCFY is a non-profit organization that runs like a business. The investment of our supporter is very important to us and we are proud of the outcomes and results we are able to deliver with their support for our youth and community.



































## Legacy Giving





Our thoughts, prayers, and gratitude go to the memory of John McPhee and his family. John was the father of our RCFY Director Celeste Clark. John was often impressed by the work our community was able to achieve by working together. He was on the sidelines and observed RCFY from when it was just a great idea with good intentioned volunteers, to it becoming the strong nonprofit it is today. He personally knew the important role that multiple positive adults play in the life of a young person and valued the efforts of RCFY supporting youth.

A memorial gift to The Raymond Coalition For Youth is a personal remembrance that honors the life of someone who cared about making a difference for others in the community.

To learn more visit www.rcfy.org/home/donate/memorial-gifts

## It Takes a Community





















































































Prevention is not one person, one organization or one program.

Prevention is our community working together, sharing resources, time, and efforts to support the overall mission of RCFY.

We are very grateful for everyone who is a part of RCFY and helps to support a positive,

