

Raymond Coalition For Youth ~ Meeting Minutes
October 9, 2025 ~ 9:00 – 10:30 am
In Person at Raymond Baptist Church Basement



Present: 14 Members

School

Audrey Bourn, Raymond SD
Pat Arsenault, LEAP
Alvin Caldwell, SAU 33

Youth Serving

Pam Baker - RCFY Program Coord
Pam Turcotte, RCFY Finance Coord
Celeste Clark, Executive Dir. RCFY

Government/Municipal

Tammy Reardon , Recreation Dept
David Mara, Governor's Office
Ben Williams, State Liquor

Substance Prevention

Samantha Thamsen, Seacoast Public Hlt Network
Ashley Stratten, Amerihealth
Nicole Roskos, Farnum Center/Easterseals

Volunteers

Dennis Garnham
Marcia Garber

Welcomes, Introductions, Announcements were made.

Celeste asked everyone what their word of the day would be and mentioned that the words she is hearing from the students are concerning. Most of them said things like tired, exhausted, etc.

She then review the lists from last month's meeting:

Mutual Collaboration
Staying current and up to date
Being part of community and support
Underlying conditions

She then mentioned that the YRBS will be reviewed next month.

Ben Williams talked about the increase in use of Nitrous Oxide and the availability of large canisters now being sold in smoke shops. He also talked about Kratom which is now also for sale in smoke shops. The City of Nashua is working to make it illegal for sale in their City.

At 10am to 11am there was a Zoom meeting shown "A Conversation on Substance Use Disorder Services in NH: Data, Funding, Trends and What's Next" This was hosted by New Futures and

shown in full. Anyone wishing to stay is welcome but she is aware that some attendees will need to leave at the scheduled ending time of 10:30.

Other Updates:

- October is substance misuse prevention month.
- Save the Date! Prevention Summit, Oct 24, 2025
- Discount Cards available for \$10
- Fall Family Festival (Touch A Truck) Oct 18, 2025 at LRES
- Red Ribbon Week will be celebrated on every Wednesday throughout the month of Oct.
- DEA Medication Take Back on 10/25 at both Raymond Walgreens and Candia First Stop

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meetings: **November 13, Dec 11, 2025**

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org

