



**Be the person you needed
growing up.**

2024



Join our mailing list to stay in the loop and never miss out!

Our Contact

 1-603-895-0600

 info@rcfy.org

 www.rcfy.org

 66 Main St, Raymond NH 03077



#RCFY

Table of Contents



2	RCFY Contact Info
4	Welcome
5	Mission & Goals
6	About RCFY
7	Awareness
8	RCFY Strategies
10	Prevention Efforts
11	Annual Events
12	RCFY Partners
14	RCFY Supporters
15	Meet The Team
16	Summer Fun Series



Welcome Message Celeste Clark

Executive Director

What an exciting year 2024 has been for the Raymond Coalition For Youth (RCFY.) At the beginning of summer, we celebrated moving into our new home, located at 66 Main St, in Raymond NH.

Our new location provides space for our staff, volunteers, and youth members, to plan, strategize, create, and be amazing. The office is located in the heart of Raymond and offers supportive, resources and information, for youth, parents and community members as a whole to access.

Please enjoy this book, as it highlights the successes we see when we focus on a common goal to promote positive healthy choices for youth and then work together to achieve it. In the process we are also creating strong, passionate, caring young people who will one day be the leaders of tomorrow.

If you have any questions please do not hesitate to reach out. It is in building our partnerships that we strengthen our work.

Ribbon Cutting for our new RCFY office, 66 Main St, Raymond NH 03077



Vision, Mission & Goals

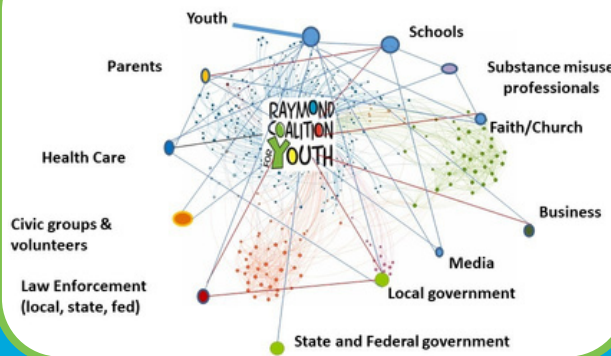


Vision – To build a strong Youth-empowered community.

Mission – The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Goals – To increase community collaboration (working together)
To reduce youth substance misuse
To empower youth voice
To ensure the long-term sustainability of RCFY

RCFY Getting things done Together



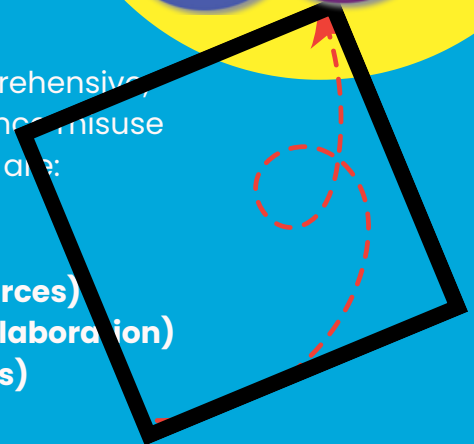
About RCFY

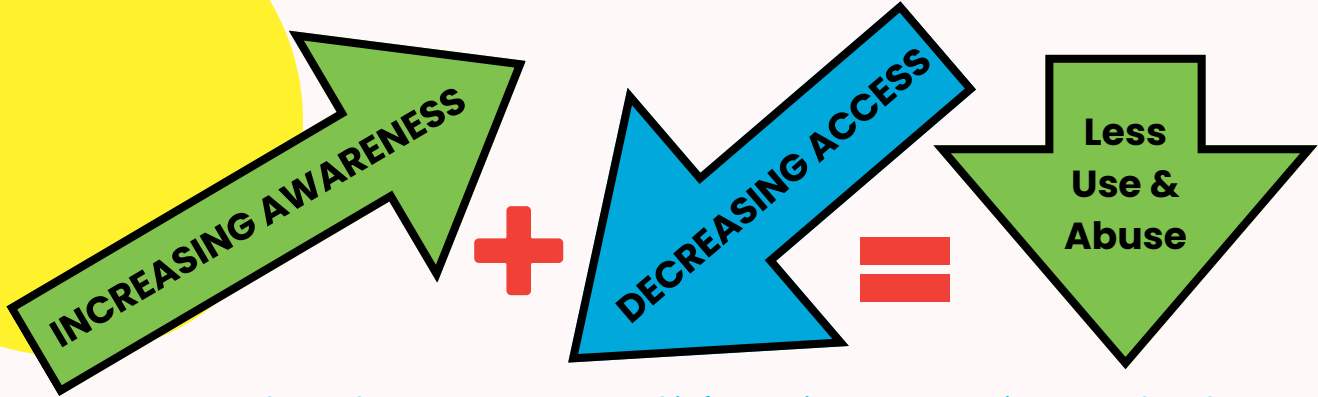
RCFY, established in 2002, is a 501(c)3 nonprofit with a Gold star rating on Guidestar.org for nonprofits.

RCFY uses the Strategic Prevention Framework, a comprehensive, five step approach, to understand and address substance misuse and related behavioral health concerns. The five steps are:

- 1. Assessment (Data)**
- 2. Capacity (People & Financial Resources)**
- 3. Planning (Community & Youth Collaboration)**
- 4. Implementation (Activities & Events)**
- 5. Evaluation (Successful Outcomes)**

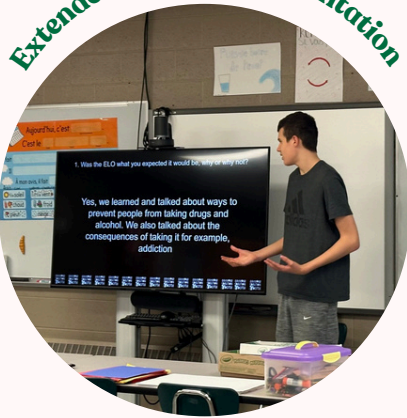
This process ensures our programs, activities and events, are effective, making a difference, and a good use of our valuable resources.





RCFY members share awareness and information presentations at a local, state and federal level. on the importance of preventing youth substance misuse and supporting mental health. When we raise awareness and decrease access, we can help prevent, and lower, use of dangers substances.

Extended Learning Presentation



SAMHSA Prevention Day, Washington DC



Governors Commission Meeting



Granite Film Festival



Concord NH State House



NH Environmental Health Conference!



DEA Family Summit



Rep. Pappas Office



Testifying in Concord NH



7 Strategies to create positive Community Change

(What we do to make a difference!) 😊



When working together, coalitions and communities are proven to be more successful in achieving community-level change when we engage in the following CADCA (Community Anti-Drug Coalitions of America) strategies.

These strategies reach individuals and the community as a whole.

The goals of these strategies are to empower and connect youth to our community, all while promoting making positive healthy choices.

Provide Information

Helps the community understand why prevention is important to talk about, and that RCFY is here to support our youth.



Enhance Skills

RCFY provides opportunities for youth and adults to learn about issues impacting our youth and effective ways we can work together to address them.

Provide Support

RCFY works to increase opportunities to get involved by supporting the creation of alternative activities, such as RCFY Youth Action, mentoring opportunities, referrals to services, support groups, etc.





Increase Access & Reduce Barriers

RCFY works with our local and state partners to increase access to substance abuse and mental health prevention, treatment, and recovery, services and support.

Changing Consequences

RCFY works with our partners to explore ways of working with youth and families on alternative discipline options that allow for students to learn from their mistakes and actions. This is also known as restorative justice.



Change Physical Design

RCFY works with local partners and organizations to improve the environment. An example is through the addition of parks and equipment, like our Disc Golf park and newly created Pickle Ball courts.



Change Policies & Rules

RCFY is actively involved in providing accurate and updated information to help support, and/or discourage, formal changes in written policies and laws, The goal of these efforts always being a young persons safety, health and well-being.



RCFY Substance Misuse & Mental Health Prevention & Awareness



In partnership with NH Liquor Enforcement and local retailers, RCFY Youth Action students apply stickers to alcohol products to raise awareness to the drinking age and remind adults that it is against the law to provide alcohol to minors (anyone under the age of 21).



We work closely with the DEA and use their campaign to help raise awareness to fake prescription drugs being illicitly made to look like commonly misused medications that can be laced with deadly fentanyl.



Twice annually RCFY partners with the Raymond Police Department and local retailers to participate in the DEA Medication Take Back Day. This event is an opportunity to promote Medication Safety and remind people to keep their medication locked up and properly disposed of.



Each year, in our partnership with Breathe NH, we engage our youth and community members to participate in “Bag the Butts”, an awareness campaign to raise awareness to the environmental impact of discarded cigarette butts. It is also an opportunity to remind young people of the dangers and risks of nicotine and tobacco products.



An alcohol, tobacco, smoking, and other drug prevention awareness campaign observed annually, October 23 – 31st. It a great way to engage people of all ages to have a conversation about the importance of living drug-free.



RCFY has been training our community in the Connect Suicide prevention program, to recognize the signs of suicide, and connect an individual with help and support, since 2005.

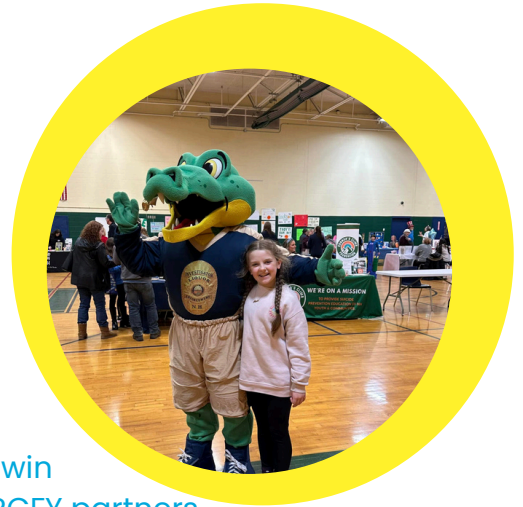


We work with NAMI-NH, Seacoast Public Health and Seacoast Mental Health to provide awareness, resources and support for anyone struggling with mental health or substance use.

RCFY Annual Community Connection Events

Family Fun Night

This free fun night out for families is held during the winter months, to get families out of the house with an option to provide a FUN night to play games, eat pizza, win prizes and learn about our community resources and RCFY partners.



Operation Raymond Clean Up

One of RCFY's longest running events, designed by our Youth Action students to help the community take pride in the place they call home. This event is a community service day for our high school students, and a community wide opportunity for families to clean up their own neighborhood at a time that works for them. RCFY partners work together with staff and volunteers to coordinate clean up kits to make this annual event a success.

Project Safeguard

This is a day long learning opportunity, for 7th grade students to address current issues impacting teenagers today, with a focus on substance abuse prevention, mental health resources, and connections to positive adult supports. This event is open to students, parents, guardians and grandparents. We are grateful to all of our RCFY partners who work together with us to make this event a fun day to learn new information and provide for a healthy future.

RCFY Prevention Summit

Our biggest event of the year for all of our partners, featuring guest speakers, information, resources, partner recognition, and a special presentation by our RCFY Youth Action members. It is a day to celebrate the impact of our work coming together as a community to successfully Promote Positive Healthy Choices for Youth.



The Long-Term Sustainability of RCFY

The sustainability of RCFY depends upon both our people and financial resources. These are the capacity of RCFY.

The work of RCFY would not be possible without all of our partners who share their time, talent and treasure, and work together as a part of RCFY to **Promote Positive Healthy Choices for Youth!**



A coalition is a formal arrangement for cooperation and collaboration between groups or sectors of the community, in which each group retains its identity, but all agree to work together towards a common goal of building a safe and healthy community.



Annual Gala Fundraiser to raise funds to support RCFY
Save the Date, March 29, 2025



Thank you for our RCFY Discount Card Vendors



THE REACH PLUM \$5 off a purchase of \$10 or more	Gordo's Buy 1 Burrito get 2nd 1/2 off No subs please 244-3410	CANDIA FIRST STOPPE 10% off on Town Cabin Pub or Backyard meal - Dine in only	DD Buy LG coffee Get free donut
AMALITY 10% off a meal	Cheryl's Ultimate Bouquet \$10 off any purchase of \$50 or more (no online) 244-2749	AGAPE Bakery Buy a dozen case cupcakes Get 1 cupcake free	
McDonald's Buy a med fry & med soft drink - Get a Big Mac or Crispy Chicken Sand Free, BOGO Egg McMuffin Sand, Raymond, Only	G&P Pizzeria 20% off orders under \$25 / \$5 off orders over \$25 (not to be combined with any other offer) 887-7123	JAMBS Jewelry 244-3680 20% off regular price items (EX: services & loose diamonds)	Lucky Corner Buy Pu Pu platter For 2 get free sm pork rice Order \$70 = get free Oen, Tso's or Sesame Chicken 895-8879
		SUPREME PIZZA Raymond Buy 2 large pizzas get 1 small cheese pizza free 895-9500	

Connecting Resources - Thank you to our RCFY Partners



Thank you to our financial donors and supporters



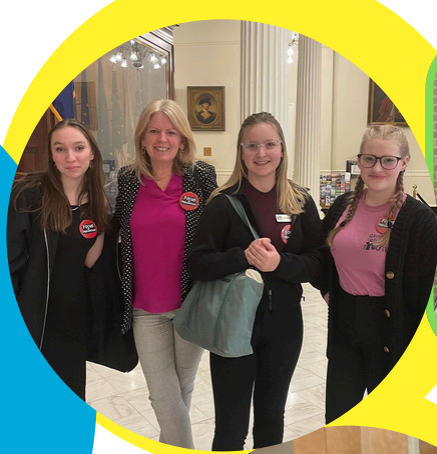
The Board & Staff

Celeste Clark
Executive Director

Pam Baker
Program Coordinator

Pamela Turcotte
Finance Coordinator

Summer Interns
Xavier & Alice



RCFY Staff and Board members: Pam Baker, Celeste Clark, Tim Carta, Carrie Chooljian, Ed Woodd, Dustin Ramey, Pam Turcotte, Pat Arsenault, Deb Intonti, John Gagliardi. Missing: Gavin Cherry, Ali Bousquin, Terry Leatherman

Awards and Recognition

2024 CADY Legislative Leadership Award
Celeste Clark



2024 NH House of Representatives Commendation for Prevention Efforts
Raymond Coalition For Youth





RAYMOND
COALITION
FOR YOUTH

Summer Fun Series

