

**Raymond Coalition For Youth ~ Meeting Minutes**  
**May 14, 2026 ~ 9:00 – 10:30 am**  
**In Person at Raymond Baptist Church Basement**



**Present: 26 Members**

**School**

Pat Arsenault, LEAP  
Alvin Caldwell, SAU  
Audrey Bourn, SAU  
Dani Rogers, LRES PTO

**Youth Serving**

Pam Baker - RCFY Program Coord  
Pam Turcotte, RCFY Finance Coord  
Celeste Clark, Executive Dir. RCFY  
Ethan Cassell, Austin 17 House  
Matt Bohannon, Ridge RTC

**Government/Municipal**

Sue Frotton, RPD  
Brian Stice, RPD  
Brian O'Keefe, DEA New England  
Ben Williams, Liquor Commission  
Justin Doty, Liquor Commission  
Paul Dean, Gov Ayotte's Office  
Avery Turgeon, Gov Ayotte's Office  
Anthony Clements, Board of Selectmen  
Kera Clements, Board Member

**Substance Prevention/Health**

Ashley Stratton, Amerihealth Caritas  
Rachel Miller, Charlie Health  
Sue Durkin, Lamprey Health Care  
Tracie Holmes, Lamprey Health Care  
Annalise Poirier, Lamprey Health Care

**Service Organizations**

Shannon Seiferth, Exeter YMCA  
Kathy McCarthy, Rotary & RCFY  
Sarah Cain, New Futures

**Volunteers/Community Members**

Welcomes, Introductions, Announcements were made.

Austin 17 House has some events scheduled:

- 5/30 is holding a Block Party, all are welcome.
- 6/5 A fundraiser at Wendy's

Celeste then introduced Sue Durkin of Lamprey Health Care who introduced a number of programs available through LHC.

The focus of Lamprey is to remove barriers for the 17,000 patients they service at their three locations, Raymond Newmarket and Nashua.

The Social Determinants of Lamprey are:

- Team based care
- Routine screening for social needs.
- Strong community partners
- Programs to reduce barriers & build connections.

Some of the programs available are:

- Integrated behavioral health & substance use treatment
- Early childhood developmental screenings
- Prenatal care
- New Moms support group

Mobile Health Services

Walk up vans, the closest being St Vincent DePaul in Exeter every Friday am. This is for people who don't have location services.

Access and affordability

- Certified application counselors
- Sliding fee scales
- Interpretation (other than english), with a staff of 8 or 9 interpreters.

Community Connections

Community Matters programs for free

Addressing Food Insecurity

- Hunger vital signs screening
- Gather Mobile Market at every location. Every other Tuesday in Raymond.

Dental Care

- Mobile dental clinic
- Call 877-248-6684 for appointment. At locations once a month for 2 days.

Additional services:

- Diabetic self management and education support
- Hep c treatment
- Care Coordination
- Remote patient monitoring & chronic care management
- Free breast and cervical care screening
- Healthy lifestyle programs
- Medication support

On site pharmacy open to whole community,

Website for more information is [www.lampreyhealth.org](http://www.lampreyhealth.org)

Shannon Seiferth or Simply Well/Exeter YMCA mentioned that the program for Youth Mental Health Instructor Certification end in September.

The June 11 meeting speaker will be an MD from Lamprey to speak on the effects of Kratom.

## UPDATES

- Project Safeguard, May 15, 2026 at SNHU includes 7th graders from Raymond and Candia.
- Granite Youth Festival at Portsmouth Music Hall on Jun 8, 2026
- National Night Out at the Elementary School on Aug 4, 2026

**Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.**

Next Meetings, , Jun 11, 2026

### **Mission Statement:**

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

***Promoting Positive Healthy Choices for our Youth!***

[www.rcfy.org](http://www.rcfy.org)

